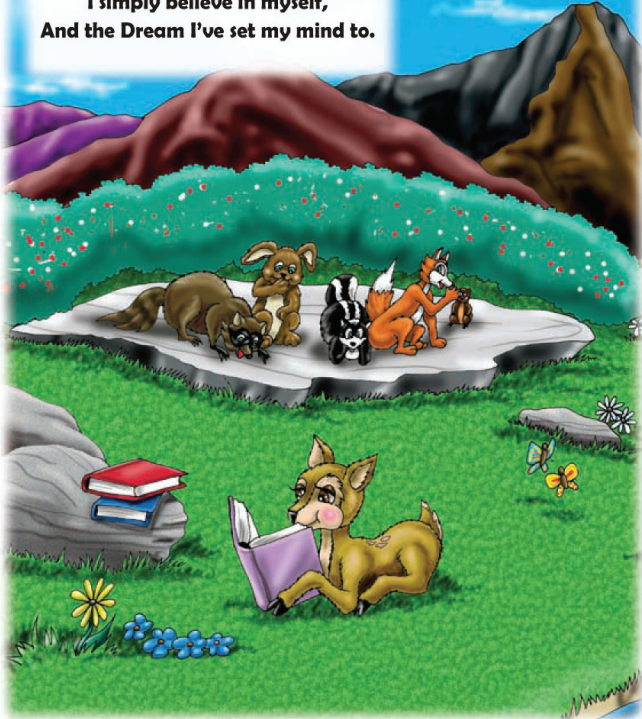


I Am Confidence!

Regardless of what others say or do,
I simply believe in myself,
And the Dream I've set my mind to.



Yo Soy Confianza!

A pesar de lo que otros digan o hagan,
Simplemente creo en mí mismo,
Y en el sueño que he decidido.

Affirmation of the Month: I Am Confidence!

What do you want to be? Write a sentence as if you are already what you want to be. For example, **I am confident** or **I am healthy** or **I am happy**.

This is called an **affirmation**. It **affirms** what you want to be.

Write your affirmation here: _____

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Affirmation of the Month from *The I AM! Affirmation Book: Discovering The Value of Who You Are* by Steve Viglione
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